

Phoenix Rising



PHOENIX

Whyalla Increases Embroidery Capacity

The recent purchase and installation of a new six head Barudan embroidery machine at the Whyalla facility has significantly increased the Society's embroidery capacity. This new machine joins the existing four head Barudan machine to provide a true state of the art process with high level capacity.

Having these machines in place allows Phoenix to provide an improved service and quality delivery to its customers, which in the current economic climate is vital. The new machine also means reduced turn around times as well as producing detailed logos that can be up to 15 thread colours.

The installation of machinery such as this also provides the opportunity for people with disabilities to develop their skills and to receive ongoing training in the latest technologies.

Whether it is corporate wear of any description or sporting attire such as caps, shirts, jackets or even bags, Phoenix can provide a solution to all of your embroidery needs.



Whyalla's new six head embroidery machine, ready to provide tailor-made solutions to any embroidery needs.

Comments from the CEO



Having celebrated Phoenix's fiftieth anniversary in 2008, we are now moving forward and planning for the next fifty years and beyond. Planning for the future has become somewhat more difficult with the impact of the global financial crisis which is affecting everyone.

However as history shows, Phoenix as an organisation has been through tough times before and through close management and a strong determination by everyone involved, the Society has survived and continued on as a strong employer of people with disabilities in South Australia.

Although it is impossible to escape the effects of the current economic climate, Phoenix is however experiencing a number of positives throughout the organisation. Most importantly is the increase in the number of people with disabilities who are being provided the opportunity to work and increase their skills through training within Phoenix.

As we continue to plan and move forward, Phoenix Society will always maintain its charter of providing outstanding employment and training opportunities to people with disabilities.

Ian Terry
Chief Executive Officer

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The Biggest Winners

Josie and Eddie Munari

Phoenix Society has its very own Biggest Winners – they have lost weight so they could be called biggest losers – but they really are Winners.

In September 2008, on the advice of their doctor, Phoenix Torrensville employees Eddie and Josie Munari, commenced a diet and exercise plan to reduce their weight and get healthy. Eddie and Josie have been married for sixteen years and met while working at Phoenix.

Under their doctor's care, they started with meal replacement shakes and home made soup (which Josie's mum makes), as well as snacks of fruit and jelly. As they head for their goal weights, they are introducing cereal for breakfast and meals for dinner, setting them up for a lifetime of healthy eating to maintain their weight.

They both say that starting the new eating plan was difficult but they are now used to it and see it as a positive to their ongoing health and well-being.

To date, Josie has lost 29.3kgs and Eddie an amazing 84.4kgs.

All of Josie and Eddie's family and friends are very proud of their achievements and they in turn are grateful for the support and assistance they have received, particularly from Josie's sister. They visit their doctor every three weeks for a blood pressure check, a weigh in and a general review of how they are going.

And the results speak for themselves. Eddie's blood pressure is at a good level for the first time in a long time and his fitness has improved dramatically – he no longer has to use the lift to get to the second floor of the Head Office building as he can climb the stairs with ease.

There are a number of spin off issues resulting from their weight loss, like the need to buy new clothes, which is helping the economy and also by donating their old clothes to charities, they are helping others.

While Eddie was losing weight and his clothes were getting baggy, he caused a scene at Church when he got out of the car and his pants fell down!

Eddie and Josie before



Eddie and Josie after



Lee Willshire

Lee Willshire works as a Tele-sales Agent in Phoenix Society's Fundraising Department. Following a life change in September last year, she decided it was time to take control of her weight and her health.

Setting herself small goals along the way, in the last nine months, **Lee has lost a remarkable 43.5kgs** and is nearing her goal weight.

Lee has meal replacement shakes for breakfast and lunch, a healthy meal for dinner and light snacks during the day. She has ensured that her new eating plan is not too restrictive so that she can maintain the routine to ensure she keeps the weight off. She also exercises three times a week to build up her fitness level.

Lee has donated five bags of clothes to charity and some of her new smaller clothes are already getting baggy – so no doubt she will be making another donation soon.

Lee before



Lee after



Phoenix Brews with Coopers



Glenn Cooper during a recent visit to the Torrensville facility with Danielle Zozuk and James Beck who are packing PET bottles.

Phoenix Society has been working with Coopers for over twenty years providing a wide range of services. For the past few years, the Torrensville facility has been assembling and packing Home Brew Kits and associated products for Coopers.

Recently, Coopers Executive Chairman, Glenn Cooper, visited the Torrensville facility to see first hand the work that Phoenix does for his company. Glenn spent time meeting and talking to a number of employees and passed on his gratitude for the work they were doing.

Sales of Coopers Home Brew Kits and PET bottles are up at present, which in part can be attributed to the global downturn, as people turn to more cost effective ways to continue drinking their favourite brew. Whatever the reason, it is good for Coopers and for Phoenix.

Ali Carle Drops In



Ali Carle with (from left) Katherine Dunbar, CEO Ian Terry, Mary Clancy and Susan Kerr

Everyone is grateful for any time that Phoenix Society Ambassador, Ali Carle can spare for a visit. Ali's recent visit to the Torrensville facility was much appreciated and was also cause for celebration as Ali and the Triple M team were informed that morning that they were the number one FM Breakfast Show in Adelaide.



Ali with Matthew Clisby who is one of Ali's greatest fans

Management Development Award

Phoenix Society, with the support of AccessPay Pty Ltd, has implemented a Management Development Award. This Award will provide the opportunity for a Phoenix Society staff member to undertake training to enhance their general management skills.

Phoenix Society Chief Executive Officer, Ian Terry is pleased to announce that the recipient of the inaugural Management Development Award is Paul Brannan, Account Manager at the Torrensville facility.

Paul will undertake the Professional Management Programme through University of Adelaide.



Paul Brannan

AccessPay and Phoenix Society have a strong working relationship and AccessPay's sponsorship of this Award is much appreciated by everyone involved.

Phoenix is SA Great

Phoenix Society has recently become a Foundation Member of SA Great. Through this membership, Phoenix aims to further promote its wide range of services to South Australian business.

SA Great Chief Executive Officer, Nikki Seymour-Smith recently toured the Phoenix Elizabeth facility and spoke with Phoenix CEO Ian Terry, Elizabeth General Manager Geoff Brogan and Business Development Manager Andrew Ormandy about the work that Phoenix does for the business sector and for people with disabilities in the northern region.

Ian Terry (left) and Geoff Brogan explain Elizabeth's wine labelling processes to Nikki Seymour-Smith.



Channel 9 Telethon - 50 Years

Channel 9 Telethon has been supporting South Australian charities since 1959 and everyone at Phoenix Society would like to wish them a very happy 50th Birthday.

Phoenix Society began its association with Channel 9 Telethon in 1967. Phoenix Chairman at that time, Gordon Reid, declared that the Society's inclusion as a Telethon participant was "the chance of a lifetime".

Phoenix Society was invited to participate as a Channel 9 Telethon charity in 1968, 1976 and again in 1989 and has now been a participating charity every year since 1989.

The money raised and publicity generated through Phoenix's association with Channel 9 Telethon is very much appreciated by everyone at Phoenix.



Happy 50th Birthday to Channel 9 Telethon from everyone at Phoenix Society.

Entertainment Book

Phoenix Society is selling the **Entertainment Book** again this year.

Books are \$65.00 each



For further details or to purchase an Entertainment Book, please contact:

Frances Whyte
Phoenix Society
18 Ashwin Parade
Torrensville SA 5031
Phone: 8152 2441

Email: fwhyte@phoenixsoc.org.au

entertainmentTM

Become a Phoenix VIP Lotteries Supporter

Become a Phoenix VIP Supporter for our major lotteries and you will automatically be entered into the exclusive VIP draw for \$1000, the credit card 'Time of Purchase' draw for \$1000 and the Early Bird Draw for \$1000.

To become a VIP Supporter simply complete the Lottery Ticket Order Form and nominate to be a VIP Supporter which means that you agree to purchase a ticket(s) in each of Phoenix's three major lotteries and to have your credit card debited each February, May and August.



A flyer and Order Form for the Winter Dreams Lottery is included with this Newsletter

Ruff the Recycler's Environment Tip



Ruff the Recycler is Phoenix Society's Environment Mascot. Ruff regularly provides environment tips and advice to Phoenix staff and employees and he would also like to pass on this information to readers of Phoenix Rising.

Switch OFF the Computer and Save Power

If you are not going to use your computer for more than 20 minutes you should turn OFF the screen (this obviously doesn't apply to laptops).

If you aren't going to use your computer for more than 2 hours, you should turn OFF the actual computer and restart it when you return